

HeparTox[®]

The condensed wellness treatment
for Cell Protection and Detoxification



For more health, well-being and immunity.
Cell protection ■ Detoxification ■ Mitochondrial Therapy

Yes or no?

- Do you suffer from Irritable Bowel Syndrome and chronic indigestion?
- Would you like to have more energy and strength?
- Are your mitochondria damaged?
- Do you need surgery, dental treatment, or chemotherapy?
- Are you feeling generally unwell, or do you need to recover from an illness?
- Have you been taking medicines for a long time?
- Do you suffer from Chemical Sensitivity or Food Intolerances?
- Do you suffer from chronic inflammation?
- Have you been diagnosed with Cancer?

Cell Protection and Detoxification Therapy **HeparTox®.**

Make the choice for Hepar-Tox® infusion therapy!

The cell protection and detoxification program Hepar-Tox® was created on the basis of more than 35 years of practical experience of medical doctor and author Klaus-Dietrich Runow. The latest findings of active research, particularly of Functional Medicine from the USA, are always incorporated into the therapy.

Environmental factors are responsible for about two-thirds of all cancers. Also, in the case of neurodegenerative diseases, such as Parkinson's, Multiple Sclerosis (MS), Alzheimer's/Dementia, there is evidence in the literature of a causal or reinforcing effect of environmental toxins.



How the **HeparTox**[®] detoxification treatment works

After a detailed review of the patient's medical history, which is always carried out before the start of HeparTox[®] infusion treatment, the environmental medicine physician Klaus-Dietrich Runow will draw up an **individual therapy** plan taking into account your preliminary medical findings. The major components of the therapy involve the body's own active substances, as well as vitamins, minerals, and plant preparations.

Cell protection and detoxification treatment (5 therapy days) consists of daily infusions of orthomolecular substances such as glutathione, alpha-lipoic acid (ALA), carnitine, B-vitamins, etc. To optimize infusion therapy additional oral supplements are used. These include coenzyme Q10 (ubiquinol), PQQ (pyrroloquinoline quinone), melatonin, active forms of B vitamins (e.g. methyl-cobalamin), folic acid (5-MTHF). Plant preparations with epigenetic effects are polyphenols including EGCG (green tea) and milk thistle extract (silymarin). These active ingredients have highly detoxifying and membrane protective properties (mitochondrial protection).

This will protect, among others, the liver, heart, brain, and nervous system from the destruction of oxidative processes, such as those caused by environmental and metabolic toxins.

Nutritional guidance is provided by our certified nutritionist, Ms. Dipl. oec. troph. Katja Schubert.

Biological supply

Every day you will be able to choose from a wide range of organic teas, organic espresso, and organic water. Even the Wolfhagen drinking water is

of special quality. It comes from the nearby forest region and is free of chemicals.

From 11 a.m. we provide you with vegan soups freshly prepared every day. The ingredients from organic farms are carefully chosen by Ms. Hiltrud Runow. The soups are free of the following allergens: gluten, cow's milk, egg, soy, celery.

Environment

The treatment takes place in spaces that are designed by the Architect Ernst Ring according to biological principles in the local "Bauhaus Style". Marble and visual masonry ensure an aesthetic and environmentally friendly atmosphere, which allergy sufferers can easily tolerate.

In consideration of our chemical-sensitive patients, we ask you **not to take any fragrances**, hair-sprays, perfumes, softeners, or deodorants. Thank you very much!

Special Seminars

An essential part of HeparTox[®] week is the transfer of knowledge in the field of applied Environmental and Nutritional Medicine (Functional Medicine).

Every Tuesday, in the Wolfhagen Kulturladen a special seminar from 7 p.m. to 8 p.m. is held on different topics.

You can find the latest news on our website www.umweltmedizin.org.

Additionally, in our waiting area you will find numerous specialist books and information brochures.

Environmental Medicine specialist Klaus-Dietrich Runow (MD) explains:



Klaus-Dietrich Runow

„What is insidious about environmental toxins is that they affect us always and anywhere. What we call environmental toxins include not only known toxins such as exhaust gases, plastics, cosmetics (Perfume, Parabens, Bisphenol A), cigarette smoke, etc., but all environmental influences on our health such as stress, lifestyle, anxiety and dissatisfaction. If a disease damage then develops after years as, hardly anyone thinks of the real cause.

Many people then take medication to combat the symptoms, often for a very long time. Medicines that are supposed to make you healthy, are often vitamin predators and damage the mitochondria. These include statins that are being recommended in the millions of doses against increased blood lipid levels. These can lead to a deficiency of Coenzyme Q10, an important membrane protective substance for mitochondria.

People using gastric acid blockers (PPI), Metformin, etc., may also experience a negative impact on their nutrient balance.

Modern methods of investigation from the field of Functional Medicine help us to better understand metabolic processes, to thereby practice individual, patient-centered and not disease-centered medicine.“



*Your Intestines are Thinking Too
(The Gut-Brain-Connection)*



*When Poison Gets on Your
Nerves*



*Cancer Is an Environmental
Disease*

Hepar-Tox Program: Basic, Plus, Premium and Compact.

Our therapeutic measures strengthen liver protection and lead to faster elimination of environmental toxins, medicines, alcohol, and drugs. The recovery period after long hospital stays and operations (anesthetics) is also strongly supported. The compact program is often used as a recurring therapy.

For the Basic and Compact Course of Treatment variants:

- The infusion treatment is supplemented by physical therapies (massage chair, hydro-jet, infrared mat).
- The products used contain only natural active substances with no chemical additives or dyes. Almost all capsules are gelatin-free (Vegicaps).
- The oral preparations promote liver protection, detoxification and supports the Mitochondria.
- Since about 70% of the immune system is in the intestines, and more than 100 million neurons are located there, the aim of the therapy is to improve the natural Intestinal Flora using special protective substances and friendly bacteria (probiotics).
- The use of pH-stable enzymes supports the digestive functions of the Pancreas. In contrast

to conventional products, the special enzymes are not from animal sources (vegan!).

- Lymphatic drainage and special physiotherapy can be booked separately as additional services.

You can choose between 4 HeparTox® variants:

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|---|-----------|
| ▪ HeparTox Basic | 1,300,- € |
| ▪ HeparTox Plus | 1,500,- € |
| ▪ HeparTox Premium
(daily HBOT oxygen therapy) | 1,700,- € |
| ▪ HeparTox Compact (2 days) | 680,- € |

The 2-day HeparTox Compact Therapy is recommended as a regenerative therapy for occupational stress, as well as post-surgical and dental treatments.

Special program Onko-Tox

For cancer patients we have created a special program (Onko-Tox). Treatment prices differ according to the type and dosing of the therapeutics used. After the anamnesis consultation we will provide you with an individual cost plan.



Hyperbaric Chamber Oxy Health: Hyperbaric oxygen therapy (HBOT). HBOT and Andumedic are included in HeparTox Plus and Premium.



Andumedic therapy station (vibration + infrared depth heat) for the relief of chronic pain, lymphatic drainage, deep relaxation and regulation of intestinal peristalsis.

All services can also be booked individually.

How does High-Dose Vitamin C Infusion Therapy work?

HeparTox[®]



- **Anti-inflammatory** without suppression of the immune system.
- Improves hearing and recovery rate after acute hearing loss.
- Relieves fatigue (exhaustion) and improves quality of life in cancer patients. Studies show a significant improvement of physical, emotional, and cognitive functions.
- Mucous membranes and nerve tissue benefit from vitamin C infusions.
- Supports healing processes for vascular diseases and depression because the vascular endothelium and nerve cells are particularly sensitive to oxidative stress.
- Improvement of wound healing. Vitamin C is an important co-factor in collagen synthesis.
- Reduces oxidative stress in Rheumatism and Arthritis. Oxidative stress has a pro-inflammatory effect and damages bone and cartilage substance.

The **HeparTox Plus + Premium** program includes:

- Hyperbaric Oxygen Therapy (HBOT)
- Andumedic Therapy Station
- Physiotherm Infrared Cabin

New: Infrared therapy with the world's unique Sensocare technology - regulates automatically and contactlessly the optimum infrared heat. People with reduced perception of warmth (e.g. toxic load, Diabetes, neurological diseases and Paraplegia) can safely and restfully enjoy the infrared application.



Physiotherm Infrarot Cabin

How do glutathione infusions work?

Glutathione is a very effective sulfur-containing substance naturally produced by the human body, consisting of three amino acids: Cystein, Glycine, Glutamine.

- Glutathione is a universal antioxidant i.e. it reduces Lipid Peroxidation, is used to eliminate a variety of environmental toxins such as heavy metals, pesticides and are therefore used to as liver protection.
- Glutathione crosses the blood-brain barrier and is one of the most important brain antioxidants and cell-protection substances.
- Eye protection: The eye lens contains high amounts glutathione and vitamin C to protect against pro-oxidative UV light.
- Since only small amounts of the regular reduced glutathione actually reach the bloodstream by oral intake, infusion is the recommended therapy.

In order to achieve optimal intracellular glutathione levels, we combine (reduced) Glutathione with S-Acetyl-Glutathione.

Along with the **HeparTox Plus + Premium Treatments**, which are frequently booked by patients with severe discomfort (Inflammation, Pain, Cancer, Parkinson's, etc.), curcumin infusions and special fortification and cell protection infusions, which support natural ATP production is added.

In addition, special amino acid formulations are administered to protect liver and nerve metabolism. These include, among others, ornithine and taurine.

Hyperbaric Oxygen Therapy (HBOT) and the Andu-medice therapy (vibration + infrared depth heat) are also included.





»Alte Wache« in Wolfhagen



Dörnberg in nature park Habichtswald



National park Edersee mit Schloss Waldeck



Herkules in Bergpark Kassel-Wilhelmshöhe / World Heritage Site

The soothing environment supports the therapy. A few minutes' walk from the new IFU therapy center you can find nature reserve Glockenborn. In the immediate vicinity, Kassel offers a wealth of cultural highlights.

Improve your health
in Germany's green
heart!



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